

# COVID-19 Symptom Quick Reference

## More Common Symptoms

**STAY HOME if  
you have ONE  
of these:**



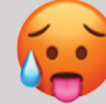
### Fever

Temperature  
of 100.4° or  
higher.



### Cough

New or  
worsening  
cough.



### Breathing

If you're having  
difficulty  
breathing.



### Taste / Smell

New loss of  
taste or smell.

## Less Common Symptoms

**STAY HOME if you  
have TWO or  
more of these:**



### Sore Throat

If you have a  
sore throat.



### Runny Nose

If your nose is  
running.



### Muscle Pain

If you're sore  
or achy.



### Chills

If you have the  
chills.



### Vomiting

If you're  
vomiting.



### Nausea

If you feel  
nauseous.



### Diarrhea

If you're having  
diarrhea or  
runny stool.



### Fatigue

Excessive  
fatigue or lack  
of energy.



### Headache

If you have a  
headache.



### Congestion

If your nose is  
plugged up.

*Wait 24 hours after symptoms improved before returning to school.*

**Refer to the Decision Tree on our website before returning to school.**

If you have questions, please call us at 218-436-2261.