

# COVID-19 Symptom Quick Reference

## More Common Symptoms

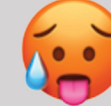
**STAY HOME** if you have **ONE** of these:



**Fever**  
Temperature of 100.4° or higher.



**Cough**  
New or worsening cough.



**Breathing**  
If you're having difficulty breathing.



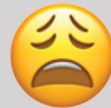
**Taste / Smell**  
New loss of taste or smell.



**Close Contact** If you were within six feet of a person for 15 or more minutes and they test positive for COVID-19 within two days, even if you are vaccinated and/or masked.

## Less Common Symptoms

**STAY HOME** if you have **TWO** or more of these:



**Sore Throat**  
If you have a sore throat.



**Runny Nose**  
If your nose is running.



**Muscle Pain**  
If you're sore or achy.



**Chills**  
If you have the chills.



**Vomiting**  
If you're vomiting.



**Nausea**  
If you feel nauseous.



**Diarrhea**  
If you're having diarrhea or runny stool.



**Fatigue**  
Excessive fatigue or lack of energy.



**Headache**  
If you have a headache.



**Congestion**  
If your nose is plugged up.

*Wait 24 hours after symptoms improved before returning to school.*

**Refer to the Decision Tree on our website before returning to school.**  
If you have questions, please call us at 218-436-2261.