

NORTHERN FREEZE

October 2020 Menu

Menu is subject to change

Lactose Milk Alternative upon request

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Breakfast: Waffle, fruit, juice Lunch: Grandma Julie's hamburger hotdish, green beans, garlic toast, fruit, milk	Breakfast: Egg toast, fruit, juice Lunch: Chicken patty, crispy crowns, baked beans, fruit, milk
5	6	7	8	9
Breakfast: Cereal, fruit, juice Lunch: French toast, sausage links, yogurt cup, hashbrown patty, fruit, milk	Breakfast: Breakfast pizza, fruit, juice Lunch: Corn Dog, potato, carrots, fruit, milk	Breakfast: Muffin, cheese stick, fruit, juice Lunch: Chili, cheese stick, pretzel or cornbread, cucumbers or broccoli, fruit, milk	Breakfast: Egg cheese muffin, fruit, juice Lunch: Dunkers, manaria sauce, cheesy green beans, fruit, milk	Breakfast: Egg toast, fruit, juice Lunch: Quesadilla, refried beans, fruit, milk
12	13	14	15	16
Breakfast: French toast sticks, fruit, juice Lunch: Hot dog on a bun, baked beans, fruit, milk	Breakfast: Cereal, fruit, juice Lunch: Baked chicken, potatoes, cream corn, dinner roll, fruit, milk	Breakfast: Egg toast, fruit, juice Lunch: Tator tot hotdish, green beans, dinner roll, fruit, milk	NO SCHOOL	NO SCHOOL
19	20	21	22	23
Breakfast: Pancake sausage on a stick, fruit, juice Lunch: BBQ on a bun, potato salad, lettuce, fruit, milk	Breakfast: Biscuits, gravy, fruit juice Lunch: Scalloped potatoes with ham, carrots, corn, dinner roll, fruit	Breakfast: Cereal, fruit, juice Lunch: Taco in a bag, refried beans, rice krispie bar, fruit, milk	Breakfast: Waffle, fruit, juice Lunch: Grandma Julie's hamburger hotdish, green beans, garlic toast, fruit, milk	Breakfast: Egg toast, fruit, juice Lunch: Chicken patty, crispy crowns, baked beans, fruit, milk
26	27	28	29	30
Breakfast: Cereal, fruit, juice Lunch: French toast, sausage links, yogurt cup, hashbrown patty, fruit, milk	Breakfast: Breakfast pizza, fruit, juice Lunch: Corn Dog, potatoe, fruit, milk	Breakfast: Muffin, cheese stick, fruit, juice Lunch: Chili, cheese stick, pretzel or cornbread, cucumbers or broccoli, fruit, milk	Breakfast: Egg cheese muffin, fruit, juice Lunch: Dunkers, manaria sauce, cheesy green beans, fruit, milk	Breakfast: Egg toast, fruit, juice Lunch: Quesadilla, refried beans, fruit, milk