


NORTHERN FREEZE

September 2020 Menu

Breakfast \$2.30 - Lunch - Elementary \$2.70 High School \$2.95

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 NO SCHOOL	8 Breakfast: Cereal, fruit, juice Lunch: Sub sandwich, baked chips, veggie, fruit, milk	9 Breakfast: Mini donuts, fruit, juice Lunch: Hot dogs, baked beans, chips, fruit, milk	10 Breakfast: Cereal, fruit, juice Lunch: Dunkers, manaria sauce, green beans, fruit, milk	11 Breakfast: Uncrustable, cheese stick, fruit, juice Lunch: Taco in a bag, refried beans, fruit, milk
14 Breakfast: Pancake sausage on a stick, fruit, juice Lunch: Chicken patty, fries, green beans, fruit, milk	15 Breakfast: Cereal, fruit, juice Lunch: Grandma Julie's hamburger hotdish, green beans, garlic toast, fruit, milk	16 Breakfast: Omelet, toast, fruit, juice Lunch: Baked chicken, mashed potatoes, cream corn, dinner roll, fruit, milk	17 Breakfast: Muffin, yogurt, fruit, juice Lunch: French toast, sausage, hash brown patty, fruit, milk	18 Breakfast: Egg cheese muffin, fruit, juice Lunch: Crisпитos, refried beans, fruit, milk
21 *Picture Day* Breakfast: Breakfast pizza, fruit, juice Lunch: Corn Dog, potatoe, fruit, milk	22 Breakfast: Cereal, fruit, juice, juice Lunch: Chili, cheese stick, pretzel, fruit, milk	23 Breakfast: Muffin, yogurt, fruit, juice Lunch: Scalloped potatoes with ham, corn, dinner roll, fruit	24 Breakfast: Waffle, fruit, juice Lunch: Soup with sandwich, fruit, milk	25 Breakfast: Cinnamon roll, fruit, juice Lunch: Quesadilla, refried beans, fruit, milk
28 Breakfast: Cereal, fruit, juice Lunch: Ham sub, sun chips, veggie, fruit, milk	29 Breakfast: Mini donuts, cheese stick, fruit, juice Lunch: Hot dogs, baked beans, chips, fruit, milk	30 Breakfast: Uncrustable, cheese stick, fruit, juice Lunch: Dunkers, manaria sauce, green beans, fruit, milk		

"This institution is an Opportunity Provider"

Menu is subject to change

Lactose Milk Alternative upon request