

TC- FREEZE HOOPS Practice Schedules 2021 Season

4th & 5th GRADE GIRL'S Schedule:

JANUARY 16th @ TC-Big gym 10:00 am until 11:45 am

JANUARY 23rd @ TC Big gym 10:00 am until 11:45 am

JANUARY 30th @ TC Big gym 10:00 am until 11:45 am

FEBRUARY 6th @ TC Big gym 12:00pm until 1:45 pm

FEBRUARY 13th @ TC Big gym 12:00 pm until 1:45 pm

FEBRUARY 20th @ TC Big gym 12:00 pm until 1:45 pm

FEBRUARY 27th @ TC Big gym 12:00 pm until 1:45pm

FREEZE HOOPS

COVID RULES/POLICIES:

1. **DO NOT COME TO PRACTICE IF YOU ARE SICK** or if anyone in the household has a pending covid-test or you are in quarantine!!!!
2. **No parents/spectators/siblings allowed in gym/school. Drop the child off at the exterior door.**
3. **Child is to wear a mask the entire time; into building, during practice and out of building. No exceptions per the MN youth sports guidelines.**
4. **Bring your own water bottle already filled with water.**
5. **Drop the child no earlier than 5 minutes before practice starts, NOT BEFORE!**
6. **Do not be late picking up your child from practice time. Please be waiting in the car or outside to pick them up at least 5 min before their practice time is done. NO LATER!**
7. **Drop off time is 5 minutes before your practice starts. Pick up time is when your practice time ends.**
8. **Parents please stay in car or social distance on sidewalks outside of building waiting for your child. Please don't congregate together. Watch for your child to exit.**
9. **Coaches/staff will be wearing masks the entire time.**
10. **Coaches/staff will be taking attendance each practice, if needed for contact tracing.**
11. **Coaches will sanitize the balls before the next grade starts practice and will sanitize the bleacher areas.**
12. **There will be a 15 min time frame in between practice groups. Please tell your child to get in and out quickly so we don't have different groups coming into contact with each other.**
13. **Coaches will have your phone numbers in case of an emergency. Parents please don't go too far so you are on time to pick up your child.**
14. **.Please try to follow these rules so we can make youth basketball happen this year!**
15. **It is OK to miss a practice if you think you are maybe getting sick!!! WE WANT TO KEEP EVERYONE HEALTHY & SAFE THIS YEAR!**

Coach for these grades is Paul Hanson