

## TC- FREEZE HOOPS Practice Schedules 2021 Season

### KINDERGARDEN-1<sup>ST</sup> GRADE-2<sup>ND</sup> GRADE Schedule:

All Practices are held in the Large Gym in Karlstad

FEBRUARY 6th

FEBRUARY 13th

FEBRUARY 20th

FEBRUARY 27th

MARCH 6<sup>TH</sup>

MARCH 13<sup>TH</sup>

MARCH 20<sup>TH</sup>

MARCH 28TH

#### TIMES:

Saturdays Only 10:00 to 11:30AM

#### FREEZE HOOPS

#### COVID RULES/POLICIES:

1. DO NOT COME TO PRACTICE IF YOU ARE SICK or if anyone in the household has a pending covid-test or you are in quarantine!!!!
2. No parents/spectators/siblings allowed in gym/school. Drop the child off at the exterior door.
3. Child is to wear a mask the entire time; into building, during practice and out of building. No exceptions per the MN youth sports guidelines.
4. Bring your own water bottle already filled with water.
5. Drop the child no earlier than 5 minutes before practice starts, NOT BEFORE!
6. Do not be late picking up your child from practice time. Please be waiting in the car or outside to pick them up at least 5 min before their practice time is done. NO LATER!
7. Drop off time is 5 minutes before your practice starts. Pick up time is when your practice time ends.
8. Parents please stay in car or social distance on sidewalks outside of building waiting for your child. Please don't congregate together. Watch for your child to exit.
9. Coaches/staff will be wearing masks the entire time.
10. Coaches/staff will be taking attendance each practice, if needed for contact tracing.
11. Coaches will sanitize the balls before the next grade starts practice and will sanitize the bleacher areas.
12. Coaches will have your phone numbers in case of an emergency. Parents please don't go too far so you are on time to pick up your child.
13. .Please try to follow these rules so we can make youth basketball happen this year!
14. It is OK to miss a practice if you think you are maybe getting sick!!! WE WANT TO KEEP EVERYONE HEALTHY & SAFE THIS YEAR!